







choice children's catering menu

Cycle 2

Preschool & School Age week one

DAY		PM SNACK			
MON	Homemade Creamy Cheese Sauce with Lentils & Pasta Veggies & Dip Fresh Fruit 2 % Milk 	Soy Nut Butter Raisin Bread 2% Milk	carrots, cauliflower, cucumbers, cherry tomato ranch dip - egg, vinegar, spices	pasta baby shells, vegetable oil	homo milk, shredded cheddar cheese, non-hydrogenated margarine, flour, yellow lentils
TUE	Spanish Paella with Brown & White Rice Garden Salad Fresh Fruit 2 % Milk 	Carrot Sticks Samosa 2% Milk	iceberg lettuce, tomato, carrots, cucumbers french dressing, vinegar, tomato spices, oil	brown, white rice, vegetable oil	diced chicken, white fish, chicken sausage, herbs and spices, vegetable stock
WED	Creamy Herbed Chicken Stew Crusty Bread Fresh Fruit 2 % Milk	Apple Slices Butternut Tabbouleh 2% Milk	carrots, onions,, herbs & spices, celery, potato, peas	crusty bread	chicken cubed, cream, chicken stock
THU	Grandma's Saucy Meatloaf Whole Wheat Pasta Five Treasure Salad Fresh Fruit 2 % Milk	Creamy Hummus Whole Wheat Triscuits 2% Milk	zucchini, purple cabbage, carrot, peppers, cauliflower or broccoli italian dressing	ww pasta	lean ground beef, egg, bread crumbs, hp sauce, onion, tomato, vinegar, mustard, lemon, herbs & spices
FRI	Southwestern Turkey, Bean & Cheese Burrito Kernel Corn & Diced Carrots Fresh Fruit 2 % Milk	Banana Zucchini Banana Bar 2% Milk	kernel corn, diced carrots tomato sauce	flour tortilla shell	ground turkey, navy beans, shredded cheese, tomato, herbs & spices

list of daily fruit available on the [FRESH FROM THE MARKET](#)

water is available as a beverage throughout the day

'16 opt 1



we make nourishment child's play

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proud supporter of local products
2016 option 1